



ALCOHOLISM CENTER FOR WOMEN

NEW CHOICES

FOR POSITIVE FUTURES

A Comprehensive Summer & Afterschool Program for Youth Grades 6-12

A Program of the Alcoholism Center for Women



New Choices is a unique afterschool and summer program designed to empower disadvantaged youth to reach their fullest potential. We accomplish this through a strengths-based model focused on developing resiliency in youth, families, and our surrounding community.

Extensive research has shown that youth who have acquired and fostered the characteristics of social competency, autonomy, problem-solving skills, and a sense of purpose are significantly buffered from the impact of a multitude of negative influences and life circumstances. These characteristics, also called protective factors, additionally enable youth

to become significantly more successful in school and in life than their peers who lack these characteristics.

ACW proactively addresses the development of these protective factors in the lives of youth by providing a comprehensive network of services housed within our New Choices afterschool and summer program. This network of services reaches the whole child while also attending to the needs of their families and community through ancillary components such as parenting classes, literacy assistance, referral services, and community service projects.

PICO UNION STATISTICS

- 85.4% Latino
- 64.6% foreign born
- 40% below the poverty line
- 13% unemployment rate
- 65% of those 25 and older have no high school diploma
- Plagued with transnational gang activity
- 50% of students classified as English Language Learners

Year-Round Programming

Summer: T-Th, 3-6pm

School Year: M-F, 3-6pm

- Math and English Tutoring
- Homework Help
- Computer Skills Training
- Literacy Assistance
- Book Club
- Life Skills Workshops
- Substance Abuse Prevention Education
- Leadership Development
- Community Service Projects
- Recreation Activities
- Nutritious Snacks

⇒ **Now incorporating our signature program, GIRLS' CHAT !!**

Girls' Chat

An intensive 10-week program for girls at high risk for drug and alcohol use and risky sexual behaviors. Situates substance abuse prevention education with a group therapy setting. Conducted by a trained Prevention Educator.

Girls' Chat follows the "Voices" curriculum developed by Stephanie Covington, Ph.D., a specialist in gender-responsive prevention education and treatment.

"This program is awesome. You actually do learn. I would recommend it because it helps you be open to who you really are and it teaches you many things."

~ Denise, 15 ~



Please contact us for more information about our New Choices Summer & Afterschool Program.

Lorette Herman
Executive Director

Jessica Boyles
Program Manager
213-381-8531
jboyles@acwla.org

Alcoholism Center for Women, Inc.
1147 S. Alvarado Street
Los Angeles, CA 90006
213-381-8500

www.alcoholismcenterforwomen.org

