

YOU NEED HELP IF YOU HAVE:

- Continued chemical use despite negative consequences (physical, legal, social, occupational, financial and emotional effects);
- Failed attempts at stopping chemical usage;
- Interpersonal conflicts and/or isolation;
- Use of alcohol/drug for relief of emotions/feelings;
- Routine or excessive sporadic (binge) alcohol/drug use;
- Deny the extent of your problem; and/or use chemicals/alcohol despite evidence of problems because you use chemicals/alcohol

For over 40 years, the Alcoholism Center For Women has been the place where women go to end their addiction and get their life back or start a new life.

We have the experience. We can help.

Call: (213) 381-8500 or
Email: info@acwla.org
for more information or to enroll.

Alcoholism Center for Women
1147 South Alvarado Street
Los Angeles, CA 90006

Phone: 213.381.8500

Fax: 213.381.8525

Email: info@acwla.org

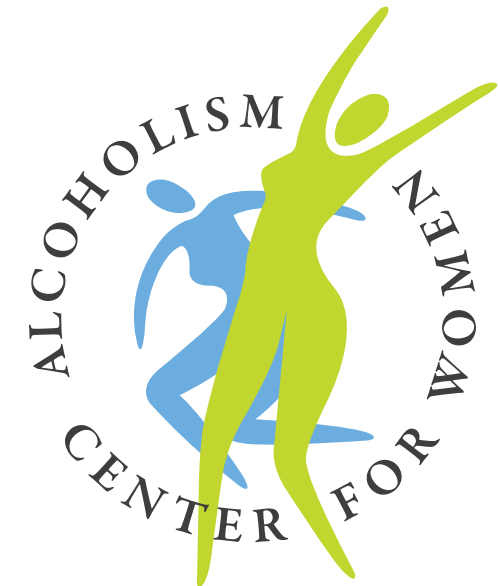
alcoholismcenterforwomen.org

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*Transforming Lives
One Day at a Time*

“This program changed my life. I started in ACW’s Residential Program and then stepped down to Intensive Outpatient Program to continue to be at ACW, transition to live with my family and get help. ACW’s Outpatient Program is amazing! Now I have hope I can live a sober life.”

– Janine

The mission of the Alcoholism Center for Women is to provide a safe and supportive sober environment in which women and youth can repair, restore, and reclaim their lives, and strengthen families and communities by making new choices for positive futures.

*Outpatient
Services*

Outpatient Services



The Alcoholism Center For Women (ACW) has dynamic, Bilingual English/Spanish, gender responsive, trauma informed, life changing Outpatient Programs. Our programs are offered during the day, and the evening to accommodate clients' family and work responsibilities. We offer an Intensive Outpatient Program (minimum 3 hours, 3 times a week) and an Outpatient Counseling Program (minimum 1.5 hours, 2 times a week). All programs utilize evidence based curriculum aimed at making a difference in the participant's life. To increase communication and long term sobriety, a Family Therapist works with the clients and their families. A certified nutritionist conducts educational groups and meets with clients individually to address nutrition concerns or eating disorders.

Our programs are offered in our beautiful turn of the century "homelike" buildings centrally located right off several major bus lines (200, 30, 330, 28 and the 728) which connect to the light rail.



Since 1974, ACW has provided Residential and Outpatient programs for women that help women transition from a drug/alcohol dependent lifestyle to one that supports recovery, physical and emotional wellness, productivity and community re-integration.

Medi-Cal, General Relief, Insurance Providers and self-pay are accepted.

DCFS and LA County Courts approved agency and State Department of Health Care Services certified Outpatient Programs.

Our Evidence Based Curriculum Include:

- Drug and Alcohol Education and Counseling
- Relapse Prevention
- 12 Step Recovery
- Dual Diagnosis/Mental Health
- Anger Management
- Self-Esteem Building
- Life Skills
- Domestic Violence & Healthy Relationships
- HIV/AIDS Awareness
- Conflict Resolution
- Family Therapy
- Nutrition and Wellness
- Art Therapy
- Parenting Skills

Services:

- No cost alcohol and drug assessment
- Flexible day and/or evening program hours
- Drug and alcohol lab tests and follow-up
- Confidential referral to and care coordination with: hospital, mental health, case-management and employee assistance counselors; primary care and detoxification physician; attorney courts and/or probation officers
- Family therapy including family involvement, education and therapy
- Nutrition classes and individual nutrition counseling
- Counseling and teaching skills to directly incorporate recovery into daily life, assistance with workplace, school and family relations and acknowledgment of triggers
- Treatment is integrated with life-long support networks

To enroll and for more information:

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